

NEWTON ABBOT SWIMMING CLUB

Affiliated to A.S.A.S.W.R., & D.C.A.S.A.

President: Adrian Brown

NASC Annual Inter Club Ribbon Gala Saturday 9th September 2017 Newton Abbot Leisure Centre Warm up 13: 15 hrs

This inter club ribbon gala is a fun, friendly, competitive event to enable young swimmers to gain experience in competitive swimming.

All strokes 25m and 50m and 100m individual medley.

Age groups will be 8yrs, 9yrs, 10yrs, 11yrs and 12yrs

- Any swimmers who have entered the Devon County Championships 2017 are not allowed to enter this event.
- Ages on the day - Saturday 9th September.
- All swimmers must be able to swim at least one length using one stroke.
- ASA laws and regulations will apply at the officials' discretion for younger swimmers.
- Awards will be given to the top three in each age group per event. A participation certificate will also be awarded to everyone who swims. These are to be collected on the night of competition.
- **Entries to be submitted to Newton Abbot Swimming Club by Sunday 20th August 2017.**



NEWTON ABBOT SWIMMING CLUB

Affiliated to A.S.A.S.W.R., & D.C.A.S.A.

President: Adrian Brown

Entry Form - Please note:

- **Any swimmers** who have entered the Devon County Championships are not allowed to enter this event.
- Where boxes are blocked in, swimmers in these age groups are not allowed to swim this event. 8 year olds are not allowed to enter the 50m event or the 100m individual medley. 11 year olds and over are not allowed to enter the 25m events.
- Swimmers in the 9 years and 10 year olds age groups can choose a mix of distances but cannot do two distances of the same stroke. For example; they are allowed to do 25m Backstroke and 50m Breaststroke but are not allowed to do 25m Backstroke and 50m Backstroke

Please complete in BLOCK CAPITALS:

Name:			
Gender:		DOB:	
ASA Registration Number:			
Phone number:			

EVENT	AGE GROUP				
	8	9	10	11	12
25M Backstroke					
50m Backstroke					
25m Breaststroke					
50m Breaststroke					
25m Butterfly					
50m Butterfly					
25m Frontcrawl					
50m Frontcrawl					
4x25m (100m) IM					
Competent diver: Yes/No (ask teacher for advice)					

Entry fees are £2.50 per event. A payment of £10 will allow the swimmer to enter as many events as they would like as long as the above rules are followed. Payments to be made to the club treasurer.

Total number of entries?	
Total to pay?	

Closing date: Sunday 20th August 2017



NEWTON ABBOT SWIMMING CLUB

Affiliated to A.S.A.S.W.R., & D.C.A.S.A.

President: Adrian Brown

Programme of Events

Saturday 9th September 2017

Event Number	Gender and Age	Stroke
1	Male 9 and over	50m Backstroke
2	Female 9 and over	50m Backstroke
3	Male 10 and under	25m Backstroke
4	Female 10 and under	25m Backstroke
5	Male 9 and over	50m Breaststroke
6	Female 9 and over	50m Breaststroke
7	Male 10 and under	25m Breaststroke
8	Female 10 and under	25m Breaststroke
9	Male 9 and over	50m Butterfly
10	Female 9 and over	50m Butterfly
11	Male 10 and under	25m Butterfly
12	Female 10 and under	25m Butterfly
13	Male 9 and over	50m Freestyle
14	Female 9 and over	50m Freestyle
15	Male 10 and under	25m Freestyle
16	Female 10 and under	25m Freestyle
17	Male 9 and over	100m Individual Medley
18	Female 9 and over	100m Individual Medley

NEWTON ABBOT SWIMMING CLUB

Affiliated to A.S.A.S.W.R., & D.C.A.S.A.

President: Adrian Brown

Terms and Conditions

1. The event will take place at Newton Abbot Leisure Centre, Highweek Road, Newton Abbot, TQ12 2SH on the 9th September 2017. It will be run in accordance with ASA laws and regulations and ASA technical rules of racing under the referees discretion.
2. The event will be swum in 6 lanes in a 25m pool using manual timing. Anti turbulence lane ropes and diving blocks will be used. Diving blocks are only to be used by those who are competent at diving. Ask for teachers' advice.
3. All ages are age on day as at 9th September 2017
4. Awards
 - Medals will be given to first place positions. Ribbons will be given to the 2nd and 3rd place in each age group. A participation certificate will also be awarded to everyone who swims. These are to be collected on the night of competition.
 - Age groups are male and female 8yrs, 9yrs, 10yrs, 11yrs & 12yrs
5. Events

Distance	Stroke	Age Group
25m	All strokes	8, 9, 10
50m	All strokes	9, 10, 11 and 12
100m	Individual Medley	9, 10, 11 and 12

Please note that 9 and 10 year olds are allowed to enter a mix of distances but cannot swim two distances of the same stroke. E.g. they are allowed to do 25m Backstroke and 50m Breaststroke but are not allowed to 25m Backstroke and 50m Backstroke.

6. Entry Conditions



NEWTON ABBOT SWIMMING CLUB

Affiliated to A.S.A.S.W.R., & D.C.A.S.A.

President: Adrian Brown

- Swimmers are not permitted to enter two different distances for the same stroke.
 - 8 year olds are not permitted to enter 50m events and 11 year and 12 year olds are not permitted to enter 25m events
 - Entry times must be submitted as short course times. Estimated times are permitted.
 - Swimmers who have entered the Devon County Championships 2016 are not allowed to enter the event.
 - Entries are being restricted by number of participants. Entries will be taken on a first come first serve basis.
 - Please ensure contact details are completed on the form.
 - Entry fees are £2.50 per event with a maximum fee of £10.
 - All events can be entered when the maximum fee is paid but the above rules must still be followed.
 - No refunds will be made for withdrawals.
 - Electronic Entry: all entries must be submitted through your Swimming Club using the given Hy-tek file. Electronic entries must be accompanied with an entry report. Payment by BACS.
 - Closing date: **Midnight 20th August 2017** (No late entries will be accepted)
7. All events will be spearheaded and heats swum slow to fast, based on entry times.
8. The warm-up time for the event is 13:15hrs on Saturday 9th September 2017.
9. It is the swimmers` responsibility to present themselves, ready to swim, to the marshalling area in the sports hall prior to the start of their event. Swimmers must remain in the hall between races so the process can work. All efforts will be made to locate the swimmer before their race. Signs will be in place on the night.
10. Neither Newton Abbot Swimming Club nor Newton Abbot Leisure Centre

NEWTON ABBOT SWIMMING CLUB

Affiliated to A.S.A.S.W.R., & D.C.A.S.A.

President: Adrian Brown

accept any liability for any loss or damage to personal belongings.

11.Entries and results for this Meet will be held on computer. As required by the Data Protection Act 1998 submission of entries implies consent to the holding of personal information on computer. These details may be made public before, during or after the Meet.

12.In line with child protection policies, any persons wishing to use video or photographic equipment (including mobile phones/tablets with photographic facility) are required to sign the authorisation book available at the entry desk and must display a camera pass. Any person not complying will be asked to leave the pool complex.